



Central Ontario Area

2023 Cricket Conquest Joining Instructions

14 / 15 / 21 / 22 Oct 2023
CFB Borden



REV: 1.0.1 (Sep 2023)



COA ADA Cricket Conquest 2023

Central Ontario Area
Joining Instructions

SCOPE

These Joining Instructions (JI) are for the Area Directed Activity (ADA) Fundamental Supported Day - **OPERATION: CRICKET CONQUEST 2023**. This activity is open to all cadets in the Central Ontario Area (COA) and is hosted at Canadian Forces Base (CFB) Borden.

Each Cadet Corps/Squadron (CC/Sqn) has been designated a day on either the 14, 15, 21, 22 October 2023 to participate.

MISSION

The aim of OPERATION: CRICKET CONQUEST 2023 is to provide cadets with a 'next level' event under PO CX04.02, Participate in activities that reinforce the three components of physical fitness. This event will see various sports related training, some challenge activities, and a fun run. This event will be held rain or shine and everyone must be dressed for the environment.

OPERATION CRICKET CHALLENGE 2023 will be conducted :

Date: 14 / 15 / 21 / 22 October 2023
Location: 174 Hanger Rd., CFB Borden, Borden, ON
In-Routine: Upon arrival at CFB Borden (Bus supervisor lead)

ATTENDANCE

All cadets in COA have been given the opportunity to participate in this event and everyone is highly encouraged to attend. Cadets unable to attend must notify their CC/Sqn prior to the day they are scheduled to participate.

Age: Open to all cadets
Registration: Must be registered in Fortress to attend (CC/Sqn CO will be responsible for this action).
Forms: All cadets must have their Permission Slip and Informed Consent forms
Health: All cadets must bring their original provincial health card

TRAINING

A detailed training schedule is provided for all participants in Annex A.

DRESS / DEPARTMENT INSTRUCTIONS

Cadets must be dressed in appropriate sports kit and for the weather. Cadets are **NOT** to bring their uniform to the activity.

All participants are responsible for bringing adequate personal kit for the duration of this activity. Be advised that the Department of National Defence (DND) will not accept responsibility for lost or stolen personal items. Attendees are cautioned to have their valuables clearly identified and to ensure these valuables are covered under their respective homeowner's insurance. Any articles found not suitable/required during the actual training will be stored in a secured location, however DND cannot be held liable for these items.

MEALS AND CANTEEN

There will be no canteen available.

Cadets will be provided one meal (lunch) for their assigned day. Cadets may bring additional snacks if so desired to offset nutritional intake.

Cadets **MUST** bring a refillable water bottle.

TRANSPORTATION

A detailed transportation plan for all participants are included in Annex G.

All transportation of cadets will be done in their sports kit and ready to move upon arrival.

MEDICAL AND DENTAL

All participants will be in possession of their provincial health card and will be asked to show proof that it is in their possession upon arrival to the conference.

All medication and medical requirements shall be declared during the in-routine process

DRUG, ALCOHOL, AND SMOKING POLICIES

As per CJCR orders, participants shall not bring, consume, or distribute drugs, alcohol, tobacco, marijuana, vaping, or non-prescription drugs.

Any infraction to these orders may result in the participant being sent home. Further discipline as directed by CATO 15-22 may be prescribed.

SUPERVISION AND DISCIPLINE

Cadets will be traveling to and from their local corps/squadrons depending on the specific movement orders. Cadets are reminded to be properly dressed at all times and act accordingly.

Cadets attending training are subject to the Cadets and Junior Canadian Rangers Code of Conduct. By consenting to participate in this activity, they have accepted to conform to the orders and instructions issued by the OPI and their staff.

Cadets indulging in inappropriate behavior, violation(s) of rules/regulations or disrupting the learning experiences of others will be subject to a progressive disciplinary process. Continual poor behavior or serious breaches of discipline may result in the cadet being sent home ahead of schedule. Costs incurred as a result of early removal from the activity may be borne by the cadet's family and not DND.

ACTIVITY DETAILS

Upon arrival at the training location, cadets will interact with the following activities:

- a. Fun run / adventure course;
- b. Fun physical fitness challenges and education sessions; and
- c. A fun, celebratory party to make everyone feel welcome and engaged with adventure.

HEALTH AND SAFETY

All cadets can and should be expected to attend at their own pace of endurance.

While the event is a physical fitness event in line with the three aims of the Canadian Cadet Organizations (CCO), the safety of the cadet is paramount. Cadets are expected to participate, however, only at the rate of their endurance.

WEATHER

This activity will be conducted in all weather conditions (rain, sun, snow, etc.).

Everyone must dress for the weather and expect sudden changes in temperature and conditions.

OVERALL

The OPERATION: CRICKET CONQUEST 2023 is a fun day of activities for all cadets in COA. Overall, cadets will meet new cadets, network, practice good team work, experience new ideas, provide feedback, and rely on their peers for experience based learning.

Cadets are expected to learn, engage, have fun, and provide insight into their own experiences.

Activity OPI	Capt Kate Yap	kathryn.yap@forces.gc.ca	705-790-8961
Activity AdminO	Capt Sarah Black	sarah.black@cadets.gc.ca	DM - Teams
Area OPI	Capt Kate Yap	kathryn.yap@forces.gc.ca	705-790-8961
Area Cox'n	PO1 Mark Hoyles	mark.hoyles@forces.gc.ca	902-818-7011
OpsO	Lt(N) Tim Reilly	timothy.reilly@forces.gc.ca	705-715-1567

//Original Signed by://
Bonnar, J, CD
Maj
Area OC

CC/SQN ALLOTTED DAY FOR ADA FUNDAMENTAL SUPPORTED DAY

14-Oct-23	15-Oct-23	21-Oct-23	22-Oct-23
140 RCACS Aurora	139 RCSCC Brampton	85 RCACS Grand Valley	351 RCACS Markham
2799 RCACC Aurora	132 RCACS Brampton	197 RCACS Acton	707 RCACS Whitchurch-Stouffville
314 RCSCC Coboconk	758 RCACS Brampton	242 RCACS Erin	53 RCSCC Barrie
99 RCACS Orillia	892 RCACS Brampton	756 RCACS Georgetown	102 RCACS Barrie
2250 RCACC Bracebridge	557 RCACC Brampton	676 RCACC Georgetown	532 RCACS Goderich
1909 RCACC Collingwood	183 RCACS Kincardine	1849 RCACC Orangeville	2408 RCACC Borden
543 RCACS Wingham	812 RCACS Hanover	659 RCACS Pefferlaw	2919 RCACC Barrie
769 RCACS Listowel	895 RCACS Mount Forrest	221 RCSCC Newmarket	329 RCACC Tottenham
1943 RCACC Palmerston	164 RCACS Shelburne	1405 RCACC East Gwillimbury	283 RCACS Vaughan
2967 RCACC Brussels	167 RCACS Owen Sound	778 RCACS Richmond Hill	253 RCSCC Bolton
492 RCACC Fergus	340 RCACS Port Elgin	8 RCACS Richmond Hill	724 RCACS Midland
37 RCACS Bradford	42 RCACC Owen Sound	32 RCACC Whitchurch-Stouffville	
94 RCACS Newmarket			
286 RCSCC Midland			
714 RCACS Wasaga Beach			
734 RCACS Alliston			
1944 RCACC Creemore			

The activity will be conducted in all weather conditions outdoors.

Transport Plans will be sent directly to the CC/Sqn CO though the '+' email account NLT 1 Oct 23

Annex B

To COA ADA Cricket Conquest 2023

DAILY SCHEDULE OF EVENTS

CC/Sqn should be done prior to arriving
Register cadets in the Technical Training session in Fortress
Print off CADET MEDICAL INFORMATION SUMMARY (From Fortress)
Print off CADET'S CONTACT PERSON INFORMATION SUMMARY (From Fortress)
Ensure all permission slips are signed
Ensure all informed consent forms are signed
Ensure all personnel are properly dressed for the weather and sports

14, 15, 21, 22 October 2023		
0630-0930	Movements plan for intake	LHQ (or pick up point)
0930-1000	Registration, briefing, admin	Training Area (Near Main Staging Area)
1000-1045	Cricket Conquest Pep Rally	Main Staging Area
1100-1430	Cricket Conquest	Training Area
1200 (*)	Lunch	Training Area (as part of course)
1430-1500	Cleaning	Training Area
1500-1520	Finish Line Celebrations	Main Staging Area
1520-1540	Debrief with Team Leaders	Training Area
1540-1600	Final admin / Load buses	Training Area
1600-1830	Movements plan for exhaust	LHQ (or pick up point)

KIT LIST FOR CADETS

SECTION 1: TRAINING OR ACTIVITY DETAILS	
Exercise ADA Cricket Conquest 2023	Location CFB Borden 174 Hanger., Borden, ON, L0S 1C0
Start Date 14 / 15 / 21 / 22 October 2023	End Date 14 / 15 / 21 / 22 October 2023

SECTION 2: KIT LIST	
Item(s) to bring	
Provincial Health Card	1
Permission Slip	1
Informed Consent Form	1
Refillable Water bottle	1
Backpack/day bag	1
Item(s) to wear	
Sports kit (dress for the weather - activity will be conducted in rain, snow, or warm weather)	1
Jacket / Rain Gear (if desired)	1
Hat	1
Running shoes (for running and getting dirty)	2
Change of clothes and shoes (NOTE: there is no change room at the training location)	1

SECTION 3: PROHIBITED
 The wearing or bringing of valuables, large amounts of money, jewelry, electronics, knives and attractive items are not allowed. Any personnel bringing such items shall be responsible for same. The event and facility will not be held responsible for lost/stolen/damaged items.

Alcohol, illegal/non-prescription drugs, drug paraphernalia, weapons, cigarettes, e-cigarettes/vaping, pornography or anything else deemed illicit are forbidden. Anyone in possession of, distributing, or using illicit items shall be RTU from the exercise at parents / guardians expense. If warranted, local police services shall be contacted.

SECTION 4: NOTES
WEATHER: The activity will be conducted in all weather conditions
HEALTH: All medication and health card must be declared during In-Routine
MONEY: Do not bring any money to this event
DRESS: Everyone is encouraged to dress for the weather
CHANGING: There will be limited change rooms at the training location. Porta-potties will be available for use by all attending personnel.
FOOD/DRINK: This is a high caloric burning activity. Everyone is welcome to bring extra food and water. Please note, anything that a person brings will also have to be carried by them.

NOTE: Cadet are NOT to bring their cadet uniform. This activity is meant to be conducted in a physical and relaxed environment. Dressing for the weather is critical to ensure enjoyment within all weather conditions.

Cadets are encouraged to look for weather news NLT 3 days prior to their scheduled activity date.

PARENTAL CONSENT - LOCAL ACTIVITIES AND TRAINING

SECTION 1: TRAINING OR ACTIVITY DETAILS	
Exercise ADA Cricket Conquest 2023	Location CFB Borden 174 Hanger Rd., Borden, ON, L0S 1C0
Start Date 14 / 15 / 21 / 22 October 2023	End Date 14 / 15 / 21 / 22 October 2023

SECTION 2: TRAINING OR ACTIVITY DESCRIPTION	
Training:	ADA Cricket Conquest (Fundamental Supported Day)
Dress:	See KIT LIST for more details
Personal Equipment:	See KIT LIST for more details
Medical:	All medication and/or medical requirements must be declared upon arrival
Health Card:	Cadets must have their original Provincial Health Card in their possession
Overview:	This exercise will be held outdoors (dress for weather)
Attendance:	This is an Area Directed Activity

SECTION 3: INSPECTION AND SEARCHES

At different moments during the activity, the cadet may be subjected to inspections in accordance with CATO 12-50 Searches and Inspections of Cadets. These will be conducted or supervised by a Canadian Armed Forces member, and will serve to ensure that:

- The cadet's sleeping accommodations, locker(s) and storage area(s) are clean and orderly;
- The cadet is carrying the proper equipment and it is in good condition and properly maintained;
- The cadet's health and safety is not at risk; and
- The cadet does not have in his/her possession any of the prohibited, restricted or unauthorized items listed in CATO 12-50 or other information document provided under separate correspondence.

If found, prohibited and restricted items will be handed to the applicable police agency (military or civilian), except as indicated in CATO 12-50, while unauthorized items shall either be confiscated for the duration of the activity or sent back to the cadet's home at the parents' expense, whichever is more practical and economical.

Corrective measures could be taken against a cadet for failing any inspection or search criteria or for refusing to submit to an inspection, in accordance with CATO 15-22 Conduct and Discipline – Cadets, up to and including being expelled from the activity.

If needed, the search of a cadet's person, property, locker(s), luggage, kit or sleeping area for the purposes of discovering contraband, illicit or stolen property, or some evidence of guilt to be used in the prosecution of an offence, will be conducted only by the Military Police or a civilian

SECTION 3: INSPECTION ND SEARCHES

I, the undersigned, parent/legal guardian of: _____
Cadet Name

A member of: _____
Cadet Corps / Squadron (e.g. 123 Air)

Hereby consent to my child:

- Participating in training or the activity described above,
- Being inspected and, if applicable, searched for the reasons and under the conditions described above,
- Being provided minor medical care and emergency treatment by qualified and certified medical practitioners to treat an illness, injury or reaction suffered during training or the activity; and

hereby acknowledge that I am required to inform cadet corps or squadron staff if there has been any recent change to my child's health, including any injury, illness or other medical condition.

Parent / Guardian Name

Parent / Guardian Signature

Date

INFORMED CONSENT FOR CADET TRAINING ACTIVITY
COA CRICKET CONQUEST (SPORTS / FUN RUN)

THIS FORM MUST BE READ AND SIGNED BY EVERY CADET WHO WISHES TO PARTICIPATE IN THE CRICKET CONQUEST (SPORTS / FUN RUN); AS WELL AS BY A PARENT / GUARDIAN OF THE PARTICIPATING CADET.

Section 1 - Cadet Information

Last Name of Cadet:	First Name of Cadet:
Corps #:	Emergency Contact Name: (must be available for the duration of the activity)
Telephone:	Emergency Contact Number: (must be available for the duration of the activity)

Section 2 - Training / Activity Information

Cadet Training / Activities that will be conducted are:	
Fun run, physical fitness training, mild-moderate endurance training	
Location of Training Activity:	Dates of Training Activity:
CFB Borden, 174 Hanger Rd., Borden, ON	14 / 15 / 21 / 22 October 2023

Section 3 - Parent/Guardian Consent (Please read carefully)

I consent to the participation of my son/daughter/ward in the activity described on this form. I am aware that the training/activities which the cadet will participate in contains hazards, elements of danger and a level of risk that may result in injury. I understand that these injuries may occur simply due to the nature of the activity and can occur without any fault of the cadet or RCSU Central Officers. By reading page two (2) and signing this form I am aware of the potential associated hazards and the steps taken to mitigate them. I also confirm that the emergency contact person will be reachable via phone for the duration of the activity. I acknowledge that it is my responsibility to advise the Department of National Defence through the submission of a Detailed Health Questionnaire, of any medical or health concerns of my child/ward, which may affect his/her participation in the stated program or activity.

Name of Parent/Guardian	Signature of Parent/Guardian

Section 4 - Cadet Agreement (Read carefully and initial each paragraph)

	Initials
This training/activity has been explained and illustrated to me to my satisfaction and I understand the nature, hazards and risks that are involved.	
I am aware that the activity in which I plan to participate contains a certain level of risk and that I may suffer personal and potentially serious injury due to an unforeseeable or fortuitous event.	
I pledge to abide by all the directions and instructions issued by the Officer In Charge, CIC/COATS staff, senior cadets, guides or other supervisors.	
<i>I hereby declare that I have understood each of the provisions of this agreement.</i>	
Cadet Signature:	Date:

HAZARDS AND MITIGATION STRATEGIES

1. As with any training in an adventurous environment there is a degree of inherent risk associated with participation. The purpose of this information is to inform you of the potential risks associated with the cadet's participation in the training and steps that we have taken to minimize those risks.
2. Please note that this is not an exhaustive list and hazards not listed may occur on occasion. Corps/Squadron staff are well versed an assessing hazards as they occur and reacting as required.

HAZARD	LIKELIHOOD	SEVERITY	SAFETY MANAGEMENT STRATEGIES
Extreme Weather	Occasional	Minor to Severe	Check forecast; appropriate clothing & equipment; pacing to maintain warmth; carry emergency gear (stove, tarp, thermos etc.)
Athletic Injuries	Occasional	Minor to Severe	Begin training in easy terrain to lessen likelihood of falls; appropriate pacing; instructor coaching, appropriate teaching progression, warm up time
Trips, Falls, Collisions	Rare -Occasional	Minor to Severe	Advise cadets about dangerous terrain; control speed; keep tidy training area; discontinue involvement for participants who fail to obey
Falling objects (rocks, trees, equipment)	Rare -Occasional	Moderate to Severe	Assess overhead hazards, avoid areas of known hazard, alert group to hazard & implement management strategy if unavoidable
Falls from Height	Rare	Moderate to Severe	Cadets to remain a minimum of 2-3 body lengths from edges, drop offs etc.; careful route finding
Driving Accident	Rare	Minor to Severe	Keep vehicles in good repair; check road conditions; monitor cadet behaviour in vehicle, ensure driver is competent
Animal Encounter	Rare	Minor to Severe	Check alerts for area; provide information regarding animal encounters and controlling food in field; stick together as large group if dangerous
Equipment Failure	Occasional	Minor to Severe	Use quality equipment; provide clear equipment list; check student equipment, carry repair kits, instruct on proper usage;
Allergic Reaction	Rare	Minor to Severe	Check medical limitations prior to trip; instruct cadet to carry Auto Injector for allergic reactions; First Aid trained staff;
Environmental Injuries (Heat / Cold Injuries)	Occasional	Minor to Severe	Self & staff instruction / monitoring; use proper clothing; appropriate pacing, carry emergency gear;
Lost Participant	Rare	Moderate to Severe	Keep group together; brief cadets on lost and alone procedures; regroup at junctions; have tail end sweep;

Annex F

To COA ADA Cricket Conquest 2023

DRESS INSTRUCTIONS FOR CADETS

Cadets are NOT to bring their cadets uniform for this activity.

Cadets must dress for the weather and be prepared for typical October temperatures and considerations.

CADET CORPS / SQUADRON TRANSPORT PLAN

Saturday, 14 October 2023

CC/Sqn	Mode	Depart	Return	Address
140 RCACS Aurora	Bus	0800hrs	1700hrs	215 Industrial Parkway S., Aurora
2799 RCACC Aurora	Bus	0800hrs	1700hrs	215 Industrial Parkway S., Aurora
314 RCSCC Coboconk	Bus	0740hrs	1740hrs	2916 Kawartha Lakes (County Rd 48) Road, Coboconk
99 RCACS Orillia	Bus	0830hrs	1650hrs	105 Wyandotte Street, Orillia
2250 RCACC Bracebridge	Bus	0750hrs	1730hrs	168 Muskoka Road South, Bracebridge
1909 RCACC Collingwood	Bus	0825hrs	1650hrs	490 Ontario Street, Collingwood
543 RCACS Wingham	Bus	0730hrs	1740hrs	231 Madill Dr., Wingham
769 RCACS Listowel	Bus	0740hrs	1730hrs	565 Elizabeth Street East, Listowel
1943 RCACC Palmerston	Bus	0805hrs	1720hrs	155 Cumberland Street, Palmerston
2967 RCACC Brussels	Bus	0730hrs	1740hrs	231 Madill Dr., Wingham
492 RCACC Fergus	Bus	0805hrs	1715hrs	500 Blair Street, Fergus
37 RCACS Bradford	Bus	0830hrs	1650hrs	100 Professor Day Drive, Bradford
94 RCACS Newmarket	Bus	0805hrs	1700hrs	56 Forhan Drive, Newmarket
286 RCSCC Midland	Bus	0805hrs	1710hrs	527 Len Self Boulevard, Midland
714 RCACS Wasaga Beach	Bus	0840hrs	1640hrs	1724 Mosley Street, Wasaga Beach
734 RCACS Alliston	PPU	0930hrs	1600hrs	Drop off at 174 Hanger Rd, Borden
1944 RCACC Creemore	Bus	0850hrs	1630hrs	27 Wellington Street West, Creemore

NOTE: Return timings are approximate due to weather, driving conditions, and/or traffic.

Sunday, 15 October 2023

CC/Sqn	Mode	Depart	Return	Address
139 RCSCC Brampton	Bus	0800hrs	1715hrs	TBD
132 RCACS Brampton	Bus	0800hrs	1715hrs	TBD
758 RCACS Brampton	Bus	0800hrs	1715hrs	TBD
892 RCACS Brampton	Bus	0800hrs	1715hrs	TBD
557 RCACC Brampton	Bus	0800hrs	1715hrs	TBD
183 RCACS Kincardine	Bus	0700hrs	1830hrs	219A Lambton Street, Kincardine
812 RCACS Hanover	Bus	0800hrs	1720hrs	33219 Country Rd 28 Road, Hanover
895 RCACS Mount Forrest	Bus	0815hrs	1715hrs	140 King Street West, Mount Forest
164 RCACS Shelburne	Bus	0850hrs	1635hrs	203 William Street, Shelburne ON
167 RCACS Owen Sound	Bus	0740hrs	1740hrs	858 10th Street East, Owen Sound
340 RCACS Port Elgin	Bus	0730hrs	1800hrs	1000 Waterloo Street, Port Elgin
42 RCACC Owen Sound	Bus	0740hrs	1740hrs	858 10th Street East, Owen Sound

NOTE: Return timings are approximate due to weather, driving conditions, and/or traffic.

Saturday, 21 October 2023

CC/Sqn	Mode	Depart	Return	Address
85 RCACS Grand Valley	Bus	0820hrs	1645hrs	30 Center Street, Orangeville
197 RCACS Acton	Bus	0810hrs	1720hrs	15 Wright Avenue, Acton
242 RCACS Erin	Bus	0815hrs	1700hrs	12 Dundas Street East, Erin
756 RCACS Georgetown	Bus	0800hrs	1720hrs	91 Todd Road, Georgetown
676 RCACC Georgetown	Bus	0800hrs	1720hrs	91 Todd Road, Georgetown
1849 RCACC Orangeville	Bus	0820hrs	1645hrs	30 Center Street, Orangeville
659 RCACS Pefferlaw	Bus	0755hrs	1730hrs	38 Petes Lane, Pefferlaw
221 RCSCC Newmarket	Bus	0810hrs	1705hrs	56 Forhan Drive, Newmarket
1405 RCACC East Gwillimbury	Bus	0820hrs	1710hrs	70 Bales Drive East, East Gwillimbury
778 RCACS Richmond Hill	Bus	0750hrs	1710hrs	233 Centre Street East, Richmond Hill
8 RCACS Richmond Hill	Bus	0750hrs	1710hrs	233 Centre Street East, Richmond Hill
32 RCACC Whitchurch-Stouffville	Bus	0755hrs	1735hrs	3291 Stouffville Road, Whitchurch-Stouffville

NOTE: Return timings are approximate due to weather, driving conditions, and/or traffic.

Sunday, 22 October 2023

CC/Sqn	Mode	Depart	Return	Address
351 RCACS Markham	Bus	0800hrs	1715hrs	933 Bur Oak Avenue, Markham
707 RCACS Whitchurch-Stouffville	Bus	0805hrs	1720hrs	150 Mostar Street, Stouffville
53 RCSCC Barrie	Bus	0840hrs	1635hrs	37 Parkside Drive, Barrie
102 RCACS Barrie	Bus	0840hrs	1635hrs	37 Parkside Drive, Barrie
532 RCACS Goderich	Bus	0700hrs	1830hrs	55 Bennett Street West, Goderich
2408 RCACC Borden	PPU	0930hrs	1600hrs	Drop off at 174 Hanger Rd, Borden
2919 RCACC Barrie	Bus	0840hrs	1635hrs	37 Parkside Drive, Barrie
329 RCACC Tottenham	PPU	0930hrs	1600hrs	Drop off at 174 Hanger Rd, Borden
283 RCACS Vaughan	Bus	0810hrs	1700hrs	2 Davos Road, Woodbridge
253 RCSCC Bolton	Bus	0835hrs	1650hrs	150 Queen Street, Bolton
724 RCACS Midland	Bus	0805hrs	1710hrs	527 Len Self Boulevard, Midland

NOTE: Return timings are approximate due to weather, driving conditions, and/or traffic.